JULY NEWSLETTER

CLUB S

ALLEGRIA

CHAMPIONS

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HABA WABA WATERPOLO

The HABAWABA U10 Champions event is a top water polo tournament for kids, held in Lignano Sabbiadoro, Italy.

It's truly remarkable to see SSC young players lead by Coach Ahmed Adel achieve such success in the highly competitive world of water polo. Their dedication and hard work paid off, and they have set an inspiring example for young athletes everywhere.

Congratulations to team on their impressive achievements

- 2011 (S1) Silver League U12's
- 2012 (S2) Round of 16 Silver League U12's
- 2013 (S1) Habawaba Champions U10's
- 2013 (S2) 5th Golden League U10's
- 2014 (S3) 5th Silver League U10's

ALPHA
WATER POLO ACADEMY

Click to view more images

HaBaWaBa

JUDO NATIONAL COMPETITION

S.U.A SPORTS UNITED ACADEMY

Judo National Competition at Ittihad El Shorta Club. SODIC Sports Club and Club S EASTOWN both had impressive performances, earning several gold, silver, and bronze medals.

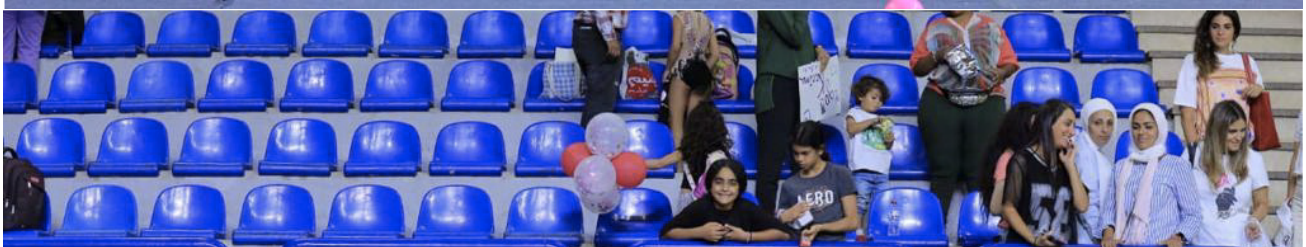
SODIC Sports Club stood out with 9 gold medals, 12 silver medals, and 20 bronze medals, showcasing their dedication and skill. The competition was intense, but these young athletes rose to the challenge and demonstrated their impressive talents.

We congratulate all the winners and participants and wish them continued success in their future competitions.

FOOTBALL SUPER CUP

A friendly tournament for young athletes of different age groups was held featuring four academies: SSC, Club S EASTOWN, Mo Academy, and El Hareef Academy. The tournament had four age categories: 2015/2016, 2013/2014, 2010/2011, and 2009/2010. It was a great opportunity for players to compete, learn from each other, and build camaraderie. Congratulations to all the participants!

RHYTHMIC GYMNASTICS NATIONAL AMATEURS COMPETITIONS



SODIC Sports Club performed exceptionally well at the recent Rhythmic Gymnastics National Amateurs Competitions, winning 37 gold medals. The competition was a great opportunity for young athletes to showcase their talents and gain valuable experience in a competitive environment. Congratulations to all the participants and their coaches for their hard work and dedication!

THE ALLEGRIA JUNIORS COMPETITION

AT THE EGYPTIAN JUNIORS OPEN AT THE CASCADES GOLF RESORT IN SOMA BAY, HURGHADA, EGYPT

CONGRATULATIONS ON WINNING

1ST PLACE

JUNIORS UNDER 13 YEARS OLD DIVISION

ABDELRAHMAN DEFRAWY

CONGRATULATIONS TO OUR

RUNNER UP

JUNIORS UNDER 13 YEARS OLD DIVISION

ALI SALAMA

ADIB SHABANA

7TH PLACE

UNDER 13 YEARS OLD DIVISION

RANI EL TAWEEL

6TH PLACE

UNDER 18 YEARS OLD DIVISION

SELEEM TAHER

10TH PLACE

UNDER 18 YEARS OLD DIVISION

TROON GOLF®

The allegria

SODIC

On International Yoga Day,

We celebrated with a special Sunset Yoga event. The event included a relaxing yoga session that was held outdoors

Participants were able to connect with nature and find inner peace as they flowed through a series of yoga poses.

We would like to thank everyone who joined us for this special occasion. We hope that this event has inspired you to continue your yoga practice and embrace the many benefits that it offers.

SODIC

PADEL TOURNAMENT FOR 35+

We're excited to share that the one-day Padel Tournament at Club S Allegria for individuals aged 35 and above was a fantastic success! Congratulations to the winners for their outstanding performance and well-deserved victory!

Thank you to all the participants, staff, and volunteers who made this event a huge success!

SOUND HEALING SESSION

We hope you were able to join us for the last sound healing session of the summer.

Chérine guided participants through a journey of sound therapy that washed away stress, calmed the mind, and enhanced sleep.

Sound therapy has been used for centuries to heal the body and mind, and this session was no exception. Participants were able to release tension, reduce anxiety, and experience a sense of calmness.

Thank you to everyone who attended this transformative experience.

We hope to see you at future events.

YOUTH CAMPS

Discover your potential and have fun this summer with our youth camps!

We offer a wide range of camps for all ages, including art, music, sports and more. Our experienced instructors provide a safe and supportive environment for all participants. Join us and make this summer unforgettable!

For more info call +20 127 623 3200

CLICK HERE TO VIEW

caesar NEWSLETTER

Warehouse classes by the Sea now operating at Caesar!

Get fit and enjoy the seaside view warehouse. Check out Caesar's Newsletter for schedules and join us for high-intensity workouts led by expert trainers. Don't miss this chance to achieve your fitness goals in a beautiful location!

CLICK HERE TO VIEW

THE NEWSLETTER **WAREHOUSE SCHEDULE**

ACADEMIES SCHEDULE

CLICK HERE

STUDIO SCHEDULE

CLICK HERE

HOTLINE

16220

We are now reachable on SODIC Hotline 16220 and we encourage all our members to transfer communication regarding all inquiries, requests, complaints or F&B events and reservations to the above number.

You can also reach us on **www.sodicclubs.com/feedback**

CLUB S ACADEMIES

All SODIC Sports Club Academies are now only accessible to Club S members

CONTACT LIST

CLUB S MEMBERSHIP OFFICE HOURS

MEMBERSHIP OFFICE
Club S Allegria: +20 120 023 1525
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Club S Eastown: +20 121 283 2750

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ART AND MUSIC: +20 127 623 3200

CELLBLOCK GYM AND STUDIO:
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WAREHOUSE: +20 121 283 1980

VITAL SPA: +20 127 623 3275

CLUB S DELIVERY: +20 127 623 2859

9:00AM TO 4:30PM

CLUB S ALLEGRIA: EVERYDAY EXCEPT TUESDAYS
LOCATION: The glass office in the ground floor next to the sports desk and refuel bar

CLUB S WESTOWN: EVERYDAY EXCEPT MONDAYS
LOCATION: The glass office at the reception of the club building

7:00AM TO 3:00PM
CLUB S EASTOWN: EVERYDAY EXCEPT TUESDAYS
LOCATION: The reception of the club building

f **@CLUBSEGYPT**

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